

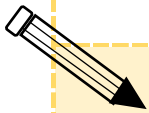
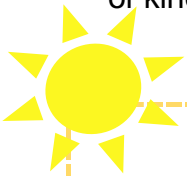


Best Buddies Elementary Curriculum

November Activity – Small Acts of Kindness BINGO

Name: _____

Directions: Check off or color in a box once you have completed one of the small acts of kindness below. Challenge yourself to complete all 25!



Write a kind note or letter for a classmate

Let someone go in front of you in line

Invite someone to sitting or playing alone to join you

Help a family member with a chore

Give someone a high five!

Lend a classmate a pencil or eraser

Help someone who is younger than you

Ask someone how their day is going

Leave a thank you note for your teacher or principal

Offer a big hug to someone who needs it!

Make a new Friend!

Help carry a classmates books or bags

FREE SPACE
(Create your own kind act!)

Help clean up your classroom

Invite someone to play with you at recess

Pick up trash on the floor

Hold the door open for someone

Tell a friend why they are special to you

Give someone a compliment

Share a toy or a game with a friend

Tell a family member how much you love them

Draw or color a picture for a friend

Say "thank you" to a custodian or cafeteria worker

Greet your classmates in the morning

Share a joke with a friend