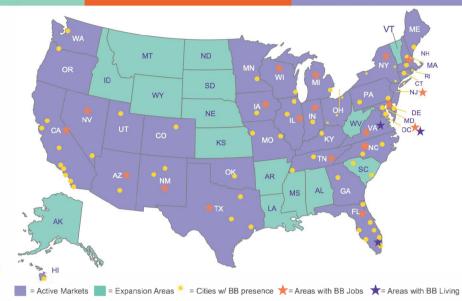


# ABOUT BEST BUDDIES

The foundation of Best Buddies is to establish a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment, leadership development, and inclusive living for individuals with intellectual and developmental disabilities (IDD). We invite **ALL ELITE WRESTLING(AEW)** and its employees to join the Best Buddies movement and engage in local events and programs in meaningful ways, helping build more inclusive communities and opportunities for people with disabilities across the United States.



Note Best Buddies programs exist in 49 countries around the world - including Canada!

# WAYS TO GET INVOLVED

Register to volunteer www.bestbuddies.org/AEW

## THROUGH LEADERSHIP

Leadership Training Facilitator/Speaker

Each year, Best Buddies provides leadership training for participants. **AEW** employees have an opportunity to mentor and serve as guest speakers at their local Best Buddies Leadership Conference.

#### **Ambassador Training Days**

Best Buddies **Ambassadors** is a program that teaches our participants with IDD about speech writing, public speaking, and self-advocacy. **AEW** employees can support by serving as speech coaches at a local training.



#### IN MY COMMUNITY

**AEW** employees can make an impact in their local communities by volunteering or participating at local Best Buddies events.

#### **Friendship Balls/Proms**

The biggest party of the year, where participants get glammed up and dance the night away, and AEW team members can volunteer in many ways to make these events as special as our participants! Friendship Walks/Champion Galas

Best Buddies hosts community events such as Friendship Walks and Champion of the Year Galas to raise awareness and necessary funds for it's programs, and we need AEW partners to become Champion of the Year Candidates and/or form walk teams at a Best Buddies Friendship Walk in your home communities!

www.bestbuddiesfriendshipwalk.org www.besbuddieschampion.org

### BY BECOMING A FRIEND e-Buddies

**AEW** employees can get matched in virtual friendship with someone with IDD online! Participants connect through the e-Buddies social platform, which is designed to expand friendships and create shared experiences through virtual social events, engaging discussion posts, entertaining

## polls, Q&As, and interest groups. Corporate Citizens Program

Join our Adult Friendship Program by starting a Best Buddies **Citizens** corporate chapter! **AEW** employees would be matched into one-to-one friendships with individuals with IDD. Best Buddies would work with you to plan social events for members to enjoy, creating a more inclusive community and workplace.

**MISSIONS ALIGNED** The mission of AEW Together is to create lasting, positive change in the communities we are part of and serve. We focus on four core pillars to reflect causes near and dear to the hearts of our 200+ AEW talent: **Next Generation**, focusing on youth programs **Equity**, with emphasis on human rights and social change **Service**, helping those in need in the local area **Wellness**, focusing on physical and mental health. Together, AEW and Best Buddies can lead by example and promote a more inclusive world where everyone has a seat at the table...one school, one workplace, and one community at a time.