



+ InsightGlobal



# CHEER & WALK for INCLUSION!



## ABOUT BEST BUDDIES

The foundation of Best Buddies is to establish a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment, leadership development, and inclusive living for individuals with intellectual and developmental disabilities (IDD).

## CHEER SQUAD VOLUNTEERS & WALK TEAMS

The **Best Buddies Friendship Walk** is the leading walk in the country supporting inclusion for people with IDD. We are enlisting the help of **Insight Global employees** to form Insight Global Friendship Walk teams and/or volunteers to cheer at cheer stations along the courses of our walks around the United States in an effort to end social isolation! So rally up your offices and follow these steps to take part in this incredible movement!

1

Click below to sign up for your local IG Friendship Walk team and/or to be a cheer station volunteer at a Best Buddies Friendship Walk near you!

2

Prepare by creating cheer signs and purchasing noise makers, cowbells, pom poms, and/or bam bams with your co-workers!  
Wear purple!

3

Join us on walk day and bring lots of energy and spirit in the name of inclusion. Don't forget to wear purple!

[BESTBUDDIES.ORG/INSIGHTGLOBAL](https://bestbuddies.org/insightglobal)