

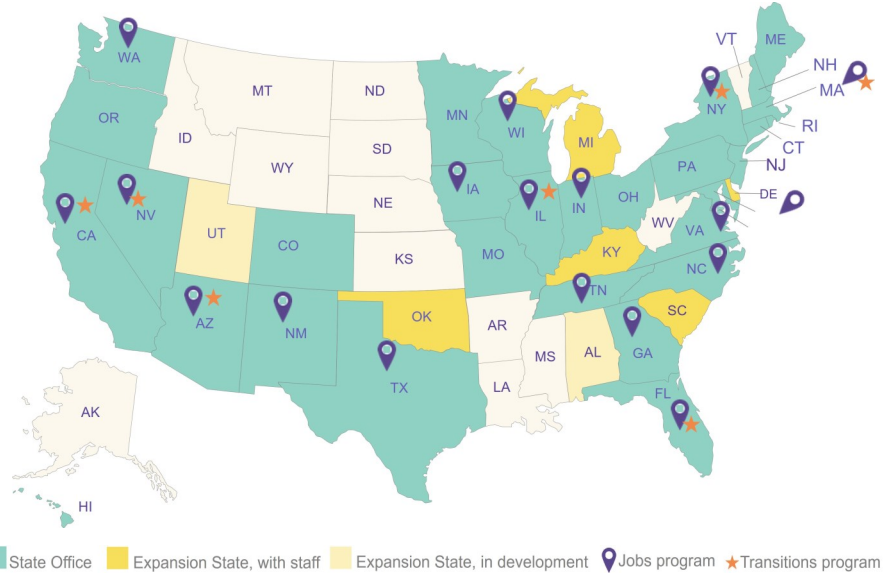


# Virtual & LOCAL ENGAGEMENT OPPORTUNITIES



## ABOUT BEST BUDDIES

The foundation of Best Buddies is to establish a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment, leadership development, and inclusive living for individuals with intellectual and developmental disabilities (IDD). We invite **Verizon** brands and its employees to join the Best Buddies movement and engage in local events and programs in meaningful ways, helping build more inclusive communities and opportunities for people with disabilities across the United States.



*Note: Best Buddies programs exist in 49 countries around the world - including Canada!*

## WAYS TO GET INVOLVED:

### Workforce Training Mentors

Best Buddies provides workforce training skills such as resume writing, interview skills, and communication skills for Best Buddies Jobs participants. We need professionals like **Verizon** employees to serve as mentors for virtual sessions.

### Ambassador Training Days

Best Buddies **Ambassadors** is a program that teaches our participants with IDD about speech writing, public speaking, and self-advocacy. **Verizon** employees can support by serving as a virtual speech coaches at a training.

**Verizon** employees have the opportunity to make an impact in their local communities by volunteering at local Best Buddies program and awareness events. Support by cleaning up litter and helping create sustainable substitutions at our events.

### Friendship Balls/Proms

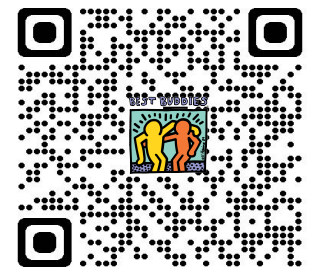
The biggest party of the year, where participants get glammed up and dance the night away!

**Friendship Walks/Champion Galas** Best Buddies hosts community events such as Friendship Walks and Champion of the Year Galas to raise awareness and necessary funds for its programs.

### e-Buddies

**Verizon** employees can get matched in a virtual friendship with someone with IDD online! Participants connect through the e-Buddies social platform, which is designed to expand friendships and create shared experiences through virtual social events, engaging discussion posts, entertaining polls, Q&As, and interest groups. (The only cost involved is the Verizon employees background check and Intel can be invoiced for their employees background checks.)

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### PARTNERS IN INCLUSION

We envision a partnership creating an accessible, inclusive environment where all people can belong and thrive. Together, Verizon and Best Buddies can provide opportunities for people of all abilities through Digital Inclusion, Climate Protection and Human Prosperity providing opportunities every day to advance disability inclusion.

**We are all included.**

